

# Mommy's Hospital Bag Checklist

## For Mommy

- Nightgowns
- Nursing bra or sleep bra
- Robe
- Extra underwear (I wore mesh panties provided by hospital)
- House slippers
- Flip flops for shower
- Toiletries
- Make up
- Dry Shampoo
- Pillow
- Camera/camcorder/chargers
- Phone/Phone charger
- Notebook/pen (to write down names of people who bring flowers/gifts)
- ID/Insurance card
- Nursing Pillow
- Going home outfit (something comfortable)

## For Daddy

- Pillow
- Pajamas
- Toiletries
- Phone Charger
- Cash/change for vending machines or coffee

## For Baby

- Outfit/accessories if you plan to have newborn hospital photos
- Swaddle blankets
- Onesies
- Diapers/wipes (our hospital provided both)
- Going home outfit
- Pacifier (if you prefer)